



*Gates Cactus
and
Succulent Society*

MAY 2007

NEXT MEETING: " WEDNESDAY " MAY 2nd

AT THE SAN BERNARDINO COUNTY MUSEUM

I- 10 AT CALIFORNIA STREET IN REDLANDS, CA.

PROGRAM

Woody Minnich is well known to many of our members. He has given his wonderful programs at least annually at Gates for many years. Woody is one of the most traveled and most knowledgeable people alive today regarding cacti and how they live in their various habitats. It's always extremely educational to hear hm tell about plants that are native to certain terrains, climates, and elevations. It makes keeping them alive in our collections much easier. He will speak on the cacti of Bolivia and northern Argentina. The trip was all at elevations ranging from 10,000 to 16,000 feet.

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MAY PLANTS OF THE MONTH
BOTH SUCCULENTS AND CACTUS,
Crested, Variegated or Monstrose.

PRESIDENT'S MESSAGE

The Board of Directors has voted unanimously to take a very important fiscal step. We have decided that Gates C&SS should become a Not for Profit 501(c)(3) corporation. Our membership in California Garden Clubs, Inc. provides us with a number of benefits that are just not available anywhere else. For example, we buy liability insurance, without which we could not rent the room at the Museum, for less than \$2.00 per member, and now they have arranged for member garden clubs and plant societies to become corporations under their banner. We will need to do some reporting to them regarding fiscal things, but we will notice them no more than we do now.

There are several reasons why the club should become a corporation and a non-profit one is a bonus. It gives the members and board of directors some civil protection and makes our status as an organization, forthright. The non-

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LEADERSHIP TEAM -- 2007

profit status allows us to accept monies from individuals and have the donor be able to reduce their taxes through write-off.

Later in this Open Gates, you will see the amendment to our By-Laws which we must fulfil in order to fit the status as required by law. We will vote on this amendment at the May meeting as prescribed in the By-Laws of the Society.

We are finalizing plans for our June 23rd Field Trip. We will travel to Fallbrook to visit Joella Olson's home and see her wonderful plants. Car pools will be arranged and the meeting place will be at the Museum. We will plan to arrive at Joella's at around 9:30AM. After an hour or so there we will travel to Rancho Soledad Nursery in Vista where Kelly Griffin is the curator of the succulents. They have beautiful mature plants for sale at the nursery. Do not expect to find Kelly's small plants that he brings to meetings, they are his personal belongings and are not sold at the nursery. We will plan to spend about 2 hours at the nursery and then travel to Encinitas to visit the Quail Botanical Gardens. Admission to the gardens is \$10.00 and \$7.00 for seniors. Lunch is on your own and Dennis is working on a place to have picnic lunch on the way. Maps and more details in next month's Open Gates.

Are your plants ready for the Show? Final pruning should be completed and any re-potting done soon so they will look like they've lived in their fancy show pots for years.

I'm looking forward to Woody's talk. It is a wonderful review of the trip that several folks, including our own Amber and Dennis, took last fall to the high country of Bolivia and northern Argentina.

See you on May 2nd at the meeting. *Buck*

HERE IS THE SHOW and SALE SCHEDULE

1. **Show** - Setup: Thursday June 7 from 9:00AM till 12:00 Noon. We Need Your Help. Bring plants: Thursday from 12:00 Noon till 6:00PM & Friday from 8:00AM till 5:30PM

Judging: Friday from 6:00 PM till done

Show hours: Saturday from 9:00AM till 4:00PM, Pick up plants, after Show, from 4:00 till 7:00

2. **Sale** - Setup: the sales area & racks, Friday June 8 from 9:00AM till 12:00 Noon. We Will Need Your Help.

Bring sales plants from 12:00 till dark, Friday Sale hours: Saturday from 9:00 till 4:00

3. **Potluck Lunch** served from 12:00 till done on Saturday. The club buys lunch meats and sandwich fixings and the drinks. You bring side dishes and deserts. Buck and Ina are bringing Easy-ups



CACTUS AND SUCCULENTS OF THE MONTH FOR 2007

MAY

SUCCULENTS AND CACTUS, Crested, Variegated or Monstrose

JUNE

PHOTOS OF CACTUS AND SUCCULENTS and

Your Favorite or Best Cactus and Succulent, 1 EACH.

JULY 4 NO MEETING / NO SHOW

AUGUST

DISH GARDENS, PLANTERS, mixed or combined in 1 pot, 1 each in 3 categories

SEPTEMBER

HAWORTHIA and GASTERIA

ASTROPHYTUM and GYMNOCALYCIUM

OCTOBER

EUPHORBIA

OPUNTIA

MINI-SHOW RESULTS FOR APRIL 2007

SUCCULENTS AGAVE FAMILY

Barbara Lauck and Dennis Kucera judging

INTERMEDIATE small, 6" pot or less
1st Roholt Agave microcantha

INTERMEDIATE LARGE, over 6" pot
1st Roholt Agave species

ADVANCED small, 6" pot or less
1st Dennis Kucera Agave victoria-regina 'mini'
2nd Bob Laughlin Agave victoria-reginae
2nd Buck and Yvonne Agave victoria-reginae
3rd Bob Laughlin Agave stricta'nana', mini
H.M. Joella Olson Agave stricta 'nana'

ADVANCED LARGE, over 6" pot
1st Barry, Kim Urman Agave ferdinand-regis
2nd Dennis Kucera Agave victoria-riginae
variagated
3rd Buck and Yvonne Agave patonii
H.M. Joella Olson Agave celsii
H.M. Bob Laughlin Dasyliion wheeleri
H.M. Dennis Kucera Agave kerchovei

MINI-SHOW RESULTS FOR APRIL 2007 FEROCACTUS AND ECHINOCACTUS

Barbara Lauck and Dennis Kucera judging

NOVICE small, 6" pot or less
1st Karl D. Osborn Sr. Echinocactus grusonii

NOVICE LARGE, over 6" pot
1st Karl D. Osborn Sr. Echinocactus grusonii
multiple heads
2nd Karl D. Osborn Sr. Ferocactus hamatacanthus

INTERMEDIATE small, 6" pot or less
1st Roholt Echinocactus grusonii

ADVANCED small, 6" pot or less
1st Joella Olson Echinocactus texensis
from seed.
2nd Bob Laughlin Ferocactus emoryi

ADVANCED LARGE, over 6" pot

1st Barry, Kim Urman Ferocactus pilosus
v. stainesii

2nd Dennis Kucera Ferocactus hamatacanthus

3rd Bob Laughlin Ferocactus chrysacanthus

H.M. Buck, Yvonne Ferocactus penninsularis

H.M. Dennis Kucera Ferocactus emoryi

H.M. Buck and Yvonne Echinocactus ingens

MAY BIRTHDAYS

Our Very Best Birthday Wishes to each and every member on this long list:

5/01 Eva Dye (67)
5/01 Jodee Towar (49)
5/02 Cidni Griffith (45)
5/03 Marilyn Newcomer (73)
5/04 Betty Ann Kent (70)
5/13 Lillian Pickoff (86)
5/13 Bertie Lou Hazell (78)
5/21 Manny Michelson (75)
5/26 Valesa Dwyer (53)
5/27 Lyn Brooks (74)
5/31 Chris Roholt (62)

Happy Birthdays you all. We take special pride in these senior members who are still active in the Society. Especially Lillian Pickoff at 86, and Berty Lou Hazell at 78. Way to go! And look at all the other Senior Discounts this month!

MAY ANNIVERSARIES.

Many happy returns to these Members.
Does membership increase happiness* and longevity?

5/22 Shirley & Don Zeber (48)
5/26 Alice & Leon Beardsley (43)



Thorny Mexican food staple gains fame as folk cure

By Frank Jack Daniel
REUTERS

3:15 p.m. April 13, 2007

MEXICO CITY – Production of a thorny, flat-leaved cactus that has been a Mexican food staple since Aztec times is rising fast as it wins a reputation as a natural remedy for maladies ranging from diabetes to hangovers.

Thought to have originated in central Mexico, the prickly pear cactus, or nopal as it is known locally, survives in searing deserts and freezing mountaintops and can be found in different forms across the Americas and parts of Europe.

Just 50 years ago it was an almost forgotten remnant of Mexico's Aztec past, grown by poor indigenous families in their backyards as an insurance against food shortages.

But revived interest in the tangy tasting plant as an ingredient in Mexican cooking led to a farming boom centered in Milpa Alta on the edge of Mexico City, where rolling hills are carpeted with rows of the dark green cactus.

“Production is rising,” said farmer Miguel Villanueva at an event in Milpa Alta to promote the plant. “People are learning about nopal's properties.”

Milpa Alta, a rural backwater where some people still speak the ancient Nahuatl indigenous tongue despite it being part of one of the world's largest cities, is the center of Mexico's nopal industry.

An agriculture ministry Web site said nopal sales are up 115 percent between 1999 and 2005, to \$127 million. In 2006, sales jumped to \$150 million.

Alternative medicine companies have latched on to what they say is a cure-all cactus, a wonder plant capable of treating everything from

diabetes to obesity and hangovers, sharply boosting plantings in the last decade.

Mexican health stores and scores of U.S. Web sites advertise Nopal remedies in pill and powder form and Milpa Alta is taking advantage of its proximity to Mexico's capital to drive pickup trucks laden with the thorny pads to markets.

The cactus, which has a slimy texture similar to okra when cooked, is made into ice cream, grilled over charcoal and even mixed with cow brains at taco stands for a nutritious snack.

It contains protein, several vitamins and large doses of fiber, was central to Aztec symbolism and today features on coins and government seals.

While the U.S. government does not yet back the medicinal properties of the plant, herbal medicine firms are now promoting the results of Mexican research suggesting it can reduce blood sugar and help certain types of diabetes.

Mexican health officials have worked to stop the spread of a moth that can devour the cactus, they said.

OTHER TABLES

Plant Sales, Discussion, and Refreshments Tables will be open for the April 2007 Meeting. Bring your Show and Tell plants to discuss or to get identified. A good picture will also do!

If you can, bring some ‘Goodies’ to support our popular *Refreshment Table*.

And a special thank you to those who frequently bring the goodies we enjoy so much.

THANK YOU! THANK YOU! THANK YOU!

To those who signed up to be a Hostess/Host for one month this year, we **THANK YOU** too! . If you haven't taken a turn yet, why not give it a try.

Calendar of Garden Events - 2007

April 28-29 Redlands Horticulture & Improvement Society Flower Show & Garden Tour, Plant Sales, ESRI Café, 370 New York St., Redlands, CA. www.rhis.org

May 5-6 Sunset Succulent Society Show & Sale, Veterans Memorial Center, 4117 Overland Ave. Culver City, CA. 310.822.1783

May 20 Huntington Plant Sale, 10-5 Huntington Botanical Garden, 1151 Oxford Road, San Marino, CA. 626.405.2160

May 20 Primavera in the UCR Garden, 2-5 p.m. 951.784.6962

May 20 Epiphyllum Society Show & Sale LA Co. Arboretum, Arcadia, CA. 310.831.1209

May 25-30 32nd CSSA Biennial Convention – Seattle Airport Double Tree www.cssainc.org

June 2-3 San Diego C&SS Show & Sale, Balboa Park, Rm 101, San Diego, CA 619.477.4779

June 8-10 Los Angeles C&SS Show & Sale, Sepulveda Garden Center, 16633 Magnolia Blvd. Encino, CA. 818.363.3432

June 9 Gates C&SS Show and Sale. Show 10-4 Sat, ; Sale 9-4 Sat, Jurupa Mountains Cultural Center, 7621 Granite Hill Dr, Glen Avon, CA. 951. 360.8802.

June 9 Green Faire –Jurupa Mountains Cultural Center, Sat 9-4, Several local clubs will have info and sales booths.

June 16-17, 23-24 2nd Annual Lavender Festival, Highland Springs Resort & 123 Farm, 10600 Highland Springs Ave. Cherry Valley, CA, 92223. tel: 951-845-1151.

Master Gardener Volunteers Needed! Contact Victoria Kouyoumjian (vicisok@gmail.com) .

June 23 Gates CSS Field Trip, Rancho Soledad, Kelly Griffin to show us around. Then to Quail Botanic Gardens and probably one more. Should be a great day. 951.360.8802

June 29-July 1 CSSA Show & Plant Sale, Huntington Botanical Garden, San Marino, CA. Show July 1-2. 626.405.2160 or 2277

August 07-12 CRFG 2007 Festival of Fruit, Southwestern College, 900 Otay Lakes Road, Chula Vista, CA 91910. ***The Year of the Mango*** More info is on the home page of the CRFG web site and the CRFG/OC chapter: http://home.att.net/~oc_crfg/2007FofF.htm www.crfg.org

August 18-19 Intercity Show & Plant Sale, LA Co. Arboretum, 301 N. Baldwin Ave. Arcadia, CA. 626.798.2430

September 2 Succulent Symposium, Huntington Botanical Gardens, San Marino, CA.

October 13-14 San Gabriel Valley C&SS, Show and Sale, LA Co. Arboretum, 301 N. Baldwin Ave, Arcadia, CA

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April 28 and 29, Redlands Horticulture & Improvement Society 95th Annual Flower Show, Garden Tour and Uncommon Plant Sale. The Flower Show is located at ESRI Café, 370 New York Street, Redlands. April 28 from 2 pm to 6 pm and April 29 from 10 am to 5 pm. Tickets are \$8. For more information call 909.792.4385 or visit www.rhis.org.



"Of the four wars in my lifetime none came about because the U.S. was too strong."

- Ronald Reagan

SOCIETY BY-LAW---- PROPOSED CHANGE

Your Board of Directors has voted to adopt the following Article XIII as an amendment to the By-Laws of the Gates Cactus & Succulent Society. The purpose of this amendment is to satisfy the legal requirements in order to have The Society become a non-profit corporation under The California Garden Clubs, Inc. corporate banner.

In order for the amendment to become part of the By-Laws of The Society, the membership must be notified in writing. This is your notification, as a part of the Open Gates newsletter. We will then vote on it at the next general meeting of The Gates Society.

ARTICLE XIII AMENDMENT TO THE BY-LAWS

Requirement to be exempt as an Organization
Described in section 501(c)(3) of the Internal Revenue Code

- a. The Society is organized exclusively for charitable, educational, or scientific purposes, including, for such purposes, the making of distributions to organizations that qualify under section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code.
- a. No part of the net earnings of The Society shall inure to the benefit of, or be distributable to its members, trustees, officers, or other private persons, except that The Society shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes set forth in the purpose clause hereof.
- b. No substantial part of the activities of The Society shall be the carrying on of propaganda, or otherwise attempting to influence legislation, and the Society shall not participate in, or otherwise intervene in (including the publishing or distribution of statements) and political campaign on behalf of or in opposition to any candidate for office.
- c. Notwithstanding any other provision of these articles, the Society shall not carry on any other activities not permitted to be carried on (a) by an organization exempt from federal income tax under section 501(c)(3) of the Internal Revenue code, or the corresponding section

of any future federal tax code, or (b) by an organization, contributions to which are deductible under section 170(c)(2) of the internal Revenue Code, or the corresponding section of any future federal tax code.

- d. Upon dissolution of the Society, assets shall be distributed for one or more exempt purposes within the meaning of section 501(c)(3) of the Internal revenue Code, or the corresponding section of any future federal tax code, or shall be distributed to the federal government, or to a state or local government, for a public purpose. Any such assets not so disposed of shall be disposed of by a court of Competent Jurisdiction of the country in which the principal office of The Society is then located, exclusively for such purposes or to such organization or organizations, as the court shall determine, which are organized exclusively for such purposes.